

**BAYFIELD COUNTY DEPARTMENT OF HUMAN SERVICES
JOINT MEETING OF THE AGING AND DISABILITY SERVICES ADVISORY COMMITTEE
AND THE NUTRITION ADVISORY COUNCIL
EOC and Remote via Teams
February 28, 2023
3:00 p.m.**

Committee Members Present: Richard Kemmer (ADAC & NAC) In Person, Bill Bland (ADAC) In Person, Karen Anderson (ADAC & NAC) by phone, Tracy Snyder (ADAC) in person, Lynette Benzschawel (ADAC & NAC) Teams, Francis Renn-Malcheski (NAC) In person, Mary Dougherty (ADAC) In Person, Sue Aiken (NAC) Teams

Committee Member Absent: Madelaine Rekemeyer (NAC)

Others Present: Carrie Linder, Heather Gilbertson, Elizabeth Skulan (Teams), Alice Evenson BRICK Representative, Patrick Irvine DHS Board Member -Teams left at 4:12, Sue Rosa DHS Board Member – In Person left at 5:04

Call to Order and Introductions

Benzschawel called the meeting to order at 3:01 p.m. and introductions were made.

Discussion and Possible Action-Review of the December 5, 2022, ADAC Meeting Minutes

Motion by Bland, seconded by Snyder to approve the December 5, 2022, meeting minutes. Motion passed.

Discussion and Possible Action-Review of the September 27, 2022, NAC Meeting Minutes

Motion by Aiken, seconded by Anderson to approve the September 27, 2022, meeting minutes. Motion passed.

Discussion and Possible Action-Consideration of Dee Sweet and Alice Evenson for ADAC Committee Members.

Motion by Bland, seconded by Snyder to approve Dee Sweet as an ADAC Committee Member. Motion passed.

Motion by Anderson, seconded by Bland to approve Alice Evenson-BRICK Representative as an ADAC Committee Member. Motion passed.

Social Isolation and Loneliness in Wisconsin Presentation – Carleigh Olson, MPH, CHES Office for Resource Center Development, Bureau of Aging and Disability Resources.

- WI Coalition to End Social Isolation & Loneliness
- Being Isolated – physically separate from other people.
- Loneliness-feeling isolated, distressing for the person.
- Social Connectedness – refers to the ways that people can be physically, emotionally, and culturally connected to others.
- Public Health Impacts of Social Isolation and Loneliness
 - Physical Health
 - Mental and Behavioral Health
 - Economic Health
 - Cognitive Health
- Relationship, Community, Individual and Societal factors all play into Social Isolation.
- The decisions we make as a society influence those who experience social isolation and loneliness. System designs that can lead to isolation and oppression are listed below:
 - Culture
 - Education
 - Health Care
 - Housing
 - Internet Access
 - Public Space
 - Justice
 - Security
 - Transportation
- Creating Socially Connected Communities:
 - Design, maintain and activate inclusive public spaces.
 - Prioritize connection in transportation systems.
 - Construct housing environments that build community.
 - Invest in inclusive practices and community led solutions.
 - Make social connectedness for the community.
- Social Isolation and Loneliness is an issue at all age levels. The Office for Children’s Mental Health-Supported Adult Team are working on interventions that would support a variety of ages, creating an inter-generational support system.
- Transportation barriers are a significant issue in rural areas that can lead to Social Isolation.
- More Learning and Development tools are needed to support residents who are at risk of Social Isolation and Loneliness.
- Create a task force for isolation and loneliness.
- Community Projects that are being used in other areas to help with Social Isolation and Loneliness:
 - Started an intervention on raising monarch butterflies (inter-generational), go into assisted living facilities and raise them and then release them.
 - Inter-generational activities – technology program, high school creates a curriculum and then goes through the program with their buddy.
 - Men’s Shed – varied ages of men together to build relationships.
 - Cycling without age.
 - Dane County – Latino Dance Days
 - Modern Elder Academy – Generations over dinner.

Advocacy Update-Submitted on behalf of Janet Zander, GWAAR Advocacy & Public Policy Coordinator.

- Highlights:
 - New State Legislature Contact Information.
 - Governor's Proposed Budget initiatives for 2023-2025.
 - Upcoming Advocacy Days at the State Capitol.

WAAN -Wisconsin Aging Advocacy Network Issues and Initiatives.

- Invest in Aging & Disability Resource Centers
- Promoting Elder Justice
- Reducing Falls Among Older Adults in Wisconsin
- Caring for Wisconsin Family Caregivers
- Reinforce Nutrition Services for Homebound Seniors
- Affordable, Accessible and Available Housing
- Reliable, Accessible and Affordable Transportation
- Protect the Right to Vote

Home Delivered Meal Assessment Pilot (NAC)

- Currently there is a two-page assessment for clients to fill out when going on Home Delivered Meals. This assessment does not give facilitators enough information to go from when looking to provide other resources to the clients.
- The new improved assessment has additional questions that can be asked if the facilitator feels that more is going on with the individual that is not being communicated.
- The Referral Summary is a resource that can be used once the assessment is complete. This resource can be used to document additional supports and resources the participant may need.
- Participants will fall into one of 5 tiers that will indicate if the client is high risk and needs additional nutritional support.
- Currently, all Home Delivered Meal participants receive 4 meals a week and High-Risk participants receive a supplemental food box and/or frozen soup.
- Planning with partners for future food needs
- Loneliness questions may be added back into the assessment. Novak stated that loneliness questions have some trickiness around them, and the facilitator will need to determine if it is the right moment to ask these questions to the participant.

Other (Informational Items)

- ADPAW Advocacy 101 – Lunch and Learn, March 13, 2023, from 12:00-1:00 at the below listed Zoom Link:
- <http://greencountywi-org.zoom.us/j/87393683042?pwd=zk8ysgnntvk2q0jswwrzddltdf5qt09>
Meeting ID: 873 9368 3042
Passcode: 399047
- Kemmer is stepping down as Chairperson for ADAC. The committee will need to vote on a new Chairperson at the next meeting.

2023 Meeting Dates

ADAC	NAC
<ul style="list-style-type: none">• June 27, 2023	<ul style="list-style-type: none">• May 11, 2023, at 11:00 Iron River Meal Site
<ul style="list-style-type: none">• September 26, 2023	<ul style="list-style-type: none">• August 10, 2023, at 11:00 Barnes Meal Site
<ul style="list-style-type: none">• November 28, 2023	<ul style="list-style-type: none">• October 11, 2023, at 12:30 at The Club w/lunch to follow at Time Out Meal Site

Kemmer adjourned the meeting at 5:07 pm

Minutes respectfully submitted by Heather Gilbertson, Clerk III