## **Caregiver Resources**

<u>Wisconsin Family Caregiver Support Program</u> provides information, resources, respite & support to family caregivers in Wisconsin.

## **New Caregiver Resource in Wisconsin-Trualta**

<u>Virtual Events for Caregivers</u> While practicing Safer At Home guidelines here in Wisconsin many support groups, memory cafes, conferences and other events have moved to a digital platform. Since these events are held via telephone or videoconference, people across Wisconsin are invited to participate. A list of Support Groups, Memory Cafes, Ongoing Events and Upcoming Events hosted by Wisconsin agencies will be posted here.

Planning for Caring for a Loved One with COVID-19-Tips from the CDC

Guidance for Family Caregivers 3/26/2020 from GWAAR (Greater WI Agency on Aging Resources)

**Resources for Caregivers During COVID-19 Crisis from GWAAR** 

## **Caregiver Apps**

<u>The Governor's Task Force on Caregiving</u> was created to support and strengthen the direct care workforce, increase access to care, and improve the quality of caregiving in Wisconsin. The Task Force welcomes input from family caregivers, professional caregivers, health care providers and other citizens interested in improving working conditions for individuals who care for people with disabilities and older adults, leading to a better quality of care for the people they serve.

Reliable Coronavirus (COVID-19) Resources and Articles for Family Caregivers:

From the Family Caregiver Alliance

**Coronavirus: Tips for Dementia Caregivers** (from the Alzheimer's Association)

WI Telephone Support Group for Caregivers of Individuals with Dementia

Contact the ADRC of the North at 1-866-663-3607 for more information on the AFCSP/NFCSP:

Alzheimer's Family Caregiver Support Program (AFCSP)- With the Alzheimer's Family Caregiver and Support Program (AFCSP), Wisconsin families can be assisted to provide athome care for a loved one with irreversible dementia. The program is available to individuals with a diagnosis of Alzheimer's disease or other dementia and their caregiver with a household income less than \$48,000/year, with allowances for disease-related expenses. This program was established by the Wisconsin legislature in 1985.

National Family Caregiver Support Program (NFCSP)-The purpose of the National Family Caregiver Support Program (NFCSP) is to assist families and other informal caregivers in caring for loved ones at home for as long as possible. Research shows that caregivers experience high levels of emotional, physical, and financial stress which often leads to diminished health of the caregiver. Funds and programs from the National Family Caregiver Support Program are intended to assist caregivers. By nature, the services will in turn improve the life of the care receiver, but the main focus of the NFCSP is to support caregivers.

**AFCSP/NFCSP Fact Sheet**